

Victory in the Valley's

10th Annual

Women's Weekend



August 28th – 30th

Cross Wind Conference Center

Hesston, Kansas

**All Female Cancer Patients & Survivors are invited...
to join us for a weekend of fun,
pampering & rest!**

VICTORY IN THE VALLEY, INC.
3755 EAST DOUGLAS
WICHITA, KANSAS 67218



FRIDAY

Check-in, pick up your packet and get settled in your room. Next, you'll enjoy a delicious dinner prepared by Cross Wind. There will be lots of great choices so you can stay on your diet or be a little flexible if you want to splurge for at least one meal! **Speaker, Patti Laroche**, a speech and drama teacher at Fort Scott High School will have us all laughing before the evening is over. Her topic is "Feeling Like A Cubic Zirconium in the Diamond Mine of Life" Next; we'll celebrate our 10th Birthday Party in recognition of our 10th Camp Victory Women's Weekend. The rest of the evening is yours to relax in the hot tub, visit with new and old friends and/or join in a Yoga Relaxation session just before bedtime to help promote a good night's sleep.

SATURDAY

Let's wake up and warm-up with **Deb Robelli** who is now, not only a Fitness Trainer, but also a Registered Nurse. Deb always gets us moving and awake before enjoying a breakfast fit for a King, or in this case, "fit for a Queen." After breakfast, we'll all have the opportunity to once again hear from **Patti Laroche** as she speaks on "No Faux Jewels For This Glamour Gal." After her talk be sure to stay around for the Group Picture which will be sent to each attendee after the event.

The breakout sessions offer choices to receive helpful information, pamper and relax—so try to get to as many as possible.

- **Dr. Patty Tenofsky**, Breast Care Surgeon at Wichita Clinic, will present information on "Saving the Breast...Updates and Breast Conserving Surgery."
- **Chair Massages; Water Aerobics; 5 Minute Makeovers; Pampering Hands; Canine Friends; Water Volleyball; Crafts; Ping Pong; Free Swim @ 4 pm**

After lunch, **Speaker, Dr. Bonnie Tandoc** shares information on "Survivors Have Issues Too," so plan to learn and laugh a lot in this helpful session.

After dinner, **Ann's Fashions** will show us how to "put on the glitz" for any occasion as they present a fashion show featuring their beautiful clothing. The evening will close with Bingo, visiting with friends, and yoga for those who would like to stretch and relax before bed.

SUNDAY

It's always difficult to say goodbye to new and old friends, but you still have the morning to enjoy. After breakfast, the Sunday Morning Celebration will feature Ernest Alexander who is a well-known and popular soloist. For those who have never heard him and those who have...we are in for a real treat as his beautiful voice and songs will inspire and uplift our spirit. The "Survivor Celebration" will follow to celebrate life as we welcome 1st time attendees to our circle of friends. Next you'll have the opportunity (if you want) to share what the camp has meant to you as we celebrate blessings, followed by our annual Thanksgiving dinner, which is absolutely scrumptious! The camp will conclude around 12:45 pm with hugs and farewells; however, we encourage you to maintain friendships in the year ahead.

THIS IS A NON-SMOKING WEEKEND—NO SMOKING WILL BE PERMITTED INSIDE OR OUTSIDE OF THE BUILDINGS, IN PARKING LOTS OR ON ANY OF THE GROUNDS.

Please Note: You will have an opportunity to bid on the beautiful handmade quilt, that was signed by all of the 2008 Women's Weekend participants.

FRIDAY - AUGUST 28TH

- 5:00PM - CHECK IN & PACKET PICKUP
6:00PM - DINNER
7:30PM - **SPEAKER: PATTI LAROCHE**
"Feeling Like A Cubic Zirconium in the Diamond Mine of Life"
8:30PM - CAMP VICTORY BIRTHDAY PARTY
9:00PM - FUN WITH FRIENDS / HOT TUB / TABLE GAMES
9:30PM - "RELAX & STRETCH YOGA" WITH DENISE MADISON

SATURDAY - AUGUST 29TH

- 7:30AM - "WAKE UP & WARM UP" WITH DEB ROBELLI
8:00AM - BREAKFAST
9:00AM - **SPEAKER: PATTI LAROCHE**
"No Faux Jewels For This Glamour Gal"
10:15AM GROUP PHOTO
10:30AM - 11:45AM - **YOUR CHOICE...**
- 10:45 - 11:30AM **SPEAKER: DR. PATTY TENOFSKY**
"Saving The Breast...Updates & Breast Conserving Surgery"
 - WATER AEROBICS WITH DEB ROBELLI
 - CRAFTS
 - MASSAGES
 - CANINE FRIENDS
 - INSTANT GLAMOUR by Arbonne - Pamper Hands & 5 Minute Makeover
- 12 NOON- LUNCH
1:00PM - **SPEAKER: DR. BONNIE TANDOC**
"SURVIVORS HAVE ISSUES TOO"
2:00PM - 5:00PM - **YOUR CHOICE...**
- MASSAGES
 - CRAFTS
 - INSTANT GLAMOUR by Arbonne - Pamper Hands & 5 Minute Makeover
 - WATER AEROBICS / WATER VOLLEYBALL with DEB ROBELLI
 - CANINE FRIENDS
 - HUMOR VIDEOS
 - 4:00 PM FREE SWIM
- 5:30PM - DINNER
7:00PM - RED CARPET RUNWAY & FASHION SHOW - Ann's Fashions
8:15PM - BINGO
9:30PM - "RELAX & STRETCH YOGA" with DENISE MADISON / TABLE GAMES/HOT TUB

SUNDAY - AUGUST 30TH

- 8:00AM - BREAKFAST/CHECKOUT
9:30AM - SUNDAY MORNING CELEBRATION: SOLOIST: EARNEST ALEXANDER
10:45AM - SURVIVOR CELEBRATION
11:30AM - CELEBRATING BLESSINGS
12 NOON -THANKSGIVING DINNER
12:45PM - HUGS & FAREWELLS!

CAMP VICTORY WOMEN'S WEEKEND 2009 ~~~ REGISTRATION FORM

HURRY! REGISTRATION DEADLINE IS FRIDAY, AUGUST 21ST~~Please Print

NAME _____

ADDRESS _____ CITY _____ ST _____ Zip _____

DAYTIME PHONE _____ (CELL PHONE) _____

E-MAIL _____ AGE _____

T-SHIRT SIZES: S M L XL XXL 1ST TIME AT CAMP VICTORY? Yes No

TYPE OF CANCER _____ YEAR DIAGNOSED _____ RECURRENCE? Y / N

CURRENTLY ON ***ACTIVE*** (CHEMOTHERAPY OR RADIATION, ETC.) TREATMENT? YES / NO

CURRENTLY ON A MAINTENANCE THERAPY FOR PREVENTION OF RECURRENCE
(such as Tamoxifen or Arimidex, etc.)? YES / NO

I AM ABLE AND WOULD BE WILLING TO SLEEP ON AN UPPER BUNK BED YES / NO

I WOULD LIKE TO ROOM WITH THE FOLLOWING (WOMAN/WOMEN) ***LIMIT 3 BEDS PER ROOM:***

1)

2)


To accommodate 4 women per room, I would be willing to share a queen size bed with

3) _____.

FULL SCHOLARSHIPS AVAILABLE TO ALL WOMEN WITH FINANCIAL NEEDS WHO ARE ON ACTIVE TREATMENT OR WITHIN ONE YEAR OFF ACTIVE TREATMENT. PARTIAL SCHOLARSHIPS AVAILABLE TO ALL WOMEN BASED ON FINANCIAL NEEDS. FOR SCHOLARSHIP INFORMATION/ APPLICATION, PLEASE CONTACT DIANA OR LINDA AT (316)682-7400.

Weekend information (including a map) will be sent to you after we receive your registration.

PLEASE ENCLOSE \$65 WITH COMPLETED REGISTRATION FORM AND MAIL OR HAND DELIVER TO:

 FOR ANY QUESTIONS, OR MORE INFORMATION ABOUT WOMEN'S WEEKEND, PLEASE CALL:

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WICHITA, KANSAS 67218**

**316-682-7400 or check website
www.victoryinthevalley.org**

Printable Registration Form available on Website